



# 5K

# Registration Form

## Saturday, May 21, 2022

Proceeds to the Sunrise Adult Training Centre and the Cayman Islands Athletic Association (CIAA)



- Course:** Starts and ends at Ristorante Pappagallo, Conch Point Road, West Bay.
- Start Time:** 6:30 a.m. (Walkers) and 6:45 a.m. (Runners). Check-in time starts at 5:30 a.m. (to receive numbers (all participants) and race chips (for runners)).
- Fee:** **CI\$15** Adults and **CI\$10** Youth (Under 17).
- Registration:**
- 1) Register and pay online at [www.caymanactive.com](http://www.caymanactive.com)
  - 2) Register and pay online at [www.racecaribbean.net](http://www.racecaribbean.net)
  - 3) Download the PDF form from CUC's website at [www.cuc-cayman.com](http://www.cuc-cayman.com) (click on "Events" under the "About Us" tab on the Home Page). Complete, scan and e-mail the form to [communications@cuc.ky](mailto:communications@cuc.ky)
  - 4) Forms can also be dropped-off and payments made by cash or cheque (payable to CUC) at CUC's Administration Building on North Sound Road from **Monday, May 2 to Thursday, May 19 between 8:30 a.m. and 4:00 p.m.** Participants who register online can also collect their t-shirt and 'power' bag from CUC on those days. **Note: There will be no registration on the day of the event.**
- Amenities:** Participants will receive a t-shirt (sizes are not guaranteed), participation medal and 'power' bag. Light refreshments will be provided and trophies for the fastest and second fastest male and female finishers in the Adult and Youth (Under 17) divisions will be presented at the end of the event along with a number of **Spot Prizes** including vouchers for Cayman Airways and CUC Gift Certificates.
- Contacts:** CUC's Pat Bynoe-Clarke (914-1107), Neil Murray (914-1110) or Japhia Augustine (914-1136) or e-mail [communications@cuc.ky](mailto:communications@cuc.ky) or contact the CIAA at [ciaageneralsecretary@gmail.com](mailto:ciaageneralsecretary@gmail.com).

Name: \_\_\_\_\_

Mobile: \_\_\_\_\_ Work: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Male  Female  Youth 17 and Under Age on Day of Event: \_\_\_\_\_ Please indicate:  Walk  Run

T-Shirt size (tick one):  Male  Female |  Small  Medium  Large  XLarge  XXLarge

Registration Fee paid with:  Cash  Cheque

**Waiver:** I understand that I am running/walking in this event, which is potentially a hazardous activity. I should not enter and participate unless I am medically able. I assume all risks associated with participating in this event, including, but not limited to, falls, contact with other participants, effects from the weather including heat and/or humidity, traffic and the conditions of the road with all such conditions and risks being known and appreciated by me. Having read this waiver and knowing these facts in consideration of the acceptance of my registration, I, for myself and anyone entitled to act on my behalf, waiver and release Caribbean Utilities Company, Ltd. (CUC) and the Cayman Islands Athletic Association (CIAA), sponsors and their representatives, supporters and assignees for any and all injuries or liabilities of any kind arising from my participation in this event. This is even though that liability may arise out of negligence or carelessness on the part of the the entities named in this waiver. I grant and authorise CUC and CIAA the right to take photographs and videos of myself and my family to use and publish the same in print and/or electronically.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ Signature of Parent/Guardian: \_\_\_\_\_  
(For youths 17 and under) (For youths 17 and under)