

Runnin' in di Republic ... is a West Bay ting



Saturday, May 18, 2024

Starts and ends at Ristorante Pappagallo, Conch Point Road, West Bay



**CUC
WEST BAY
SUNRISE**

5K

For the 7th successive year, CUC is taking to the streets in West Bay on **Saturday, May 18, 2024** for a fun run and walk as we raise money for the Sunrise Adult Training Centre and Cayman Athletics. Everyone is welcome to join us.

- Course:** Starts and ends at Ristorante Pappagallo, Conch Point Road, West Bay.
- Start Time:** **6:30 a.m. for runners and walkers.** Check-in time starts at **5:30 a.m.** (participants must check-in with their race bibs, which they receive when collecting their 'power bags' and t-shirts from CUC). This is a timed event. Race bibs have an embedded timing chip and must be worn on the front of your shirt. Race results are published by Race Caribbean at www.racecaribbean.net.
Note: Registration closes at 6:15 a.m. SHARP.
- Fee:** **CI\$15 Adults and CI\$10 Youth (Under 17).**
- Registration:**
- 1) Register and pay online at www.racecaribbean.net
 - 2) Download the PDF form from CUC's website at www.cuc-cayman.com (click on "Events" under the "About Us" tab on the Home Page). Complete, scan and e-mail the form to communications@cuc.ky.
 - 3) Forms can also be dropped-off and payments made by cash or cheque (payable to CUC) at CUC's Administration Building on North Sound Road from **Wednesday, May 1 to Friday, May 10 between 9:00 a.m. and 4:00 p.m.** Participants who register online must collect their race bibs, t-shirts and 'power' bag from CUC between **May 1 and May 10.** **Note: There will be no registrations after May 10 or on the day of the event.**
- Amenities:** Participants will receive a t-shirt (sizes are not guaranteed), participation medal and 'power' bag. Light refreshments will be provided and trophies for the fastest and second fastest male and female finishers in the Adult and Youth (Under 17) divisions will be presented at the end of the event along with a number of Spot Prizes including vouchers for Cayman Airways and CUC Gift Certificates (you have to be present to win).
- Contacts:** CUC's Neil Murray (914-1110), Jessica Pawlik (914-1164) or Japhia Augustine (914-1136) or e-mail communications@cuc.ky or Cayman Athletics at gensec@athletics.org.ky.